

## **Quick GRASP Facts**

- GRASP Class is a program provided by the First Judicial District CASA Association
- 151 parents graduated from the GRASP Class in Leavenworth County in 2019
- The GRASP concept was developed by Carol Roeder-Esser, MSW
- The current Leavenworth GRASP Class uses information from the original concept and other supporting curriculum

### Who We Are



#### FIRST JUDICIAL DISTRICT ATCHISON AND LEAVENWORTH

First Judicial District CASA began in 1994 in Leavenworth, Kansas providing services to Leavenworth and Atchison Counties. CASA is a 501c3, not for profit organization funded by grants, community donations, and fundraisers.

#### **Our Mission**

Protecting children today for stronger families tomorrow by providing trained court appointed volunteers to advocate for the best interests of children and youth.

#### **Contact Us**

Phone: (913) 651-6440 Fax: (913) 651-6494 https://www.casalvks.org/

# **GRASP CLASS**

General Responsibilities as Separating Parents



Assisting parents to understand how to help their children as they adjust to their new normal

Provided by:





### **Overview**

The class as presented is designed to help attendees understand how the things angry and hurt adults say and do to each other can hurt the children they both love. The goal is to guide parents to find insights and strategies to enable them to work together to raise their children.

"The best security blanket a child can have is parents who respect each other." -Jane Blaustone

### What is GRASP Class?

- Two-hour class designed for parents going through a divorce
- Focused on encouraging parents to learn to work together during this time to assist with the child's adjustment
- Taught by a trained CASA volunteer

It's important for kids to know and believe that they still have a family; it just lives in two houses now.

### What will you learn?

- How your personal grieving process can affect your child
- The importance to your children of letting go and moving on
- How to put together a plan to coparent their children



### **Class Details**

- GRASP Class is offered three times per month
- Held in the Training Center at the CASA Office
- The days classes are offered vary each month – please call or email for specific dates available
- \$30 fee for the class

### Locations:

108 S 5<sup>th</sup> Street Leavenworth, KS 66048

Sign up or request information:

(913) 651-6440 admin@casalvks.org